



# CaroMont Health

## Gaston County Sports Physicals

Saturday, May 10, 2025

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### SCHOOL OFFICIALS' INFORMATION

#### PRE-REGISTRATION PROCESS

Participants will use the modified 2024-2025 NCHSAA Athletic Participation Form. This form:

- Includes waiver for participating physicians.
- Can be found on the Gaston County Schools and NCHSAA Website.
  - [https://www.nchsaa.org/wp-content/uploads/2023/09/2023-2024\\_PPE-English-Aug202311.pdf](https://www.nchsaa.org/wp-content/uploads/2023/09/2023-2024_PPE-English-Aug202311.pdf)
  - [https://www.nchsaa.org/wp-content/uploads/2023/09/2023-2024\\_PPE\\_Spanish-Aug20232.pdf](https://www.nchsaa.org/wp-content/uploads/2023/09/2023-2024_PPE_Spanish-Aug20232.pdf)
- Will be delivered via email to all school Athletic Directors.
- Is the **ONLY** form used - **NO EXCEPTIONS**.

#### PROCESS

1. Each student will obtain and fill out their physical forms.
2. Forms **MUST** be:
  - *Legible*
  - *Undamaged (not folded or rolled up)*
  - *Have complete medical history*
  - *Signed by a parent or guardian*
  - *Signed by the student athlete*
  - *Verify next years (2025-2026) school*
3. The athlete is expected to arrive 30 minutes before their school's assigned time.
  - Check-in at the Registration Table.
  - Face coverings must always be worn.
  - Once a screening is performed, they will be directed to the holding line for their appointment time.
  - These students will be seen promptly at their appointment time.

#### OBTAINING A COPY OF THE PHYSICAL

The student athlete **will not** receive a copy of their physical when checking out. They will receive a form stating **PASS/FAIL** status. This form will also have: **\*copies of completed physical form can be obtained from your school's athletic director**

- Instructions for follow-up if needed.
- Instructions for obtaining a parental copy of the physical.

CaroMont Health Staff will email a copy of **PASSED** physicals to each school's Athletic Director.

- Failed physicals will be emailed separately to each school's Athletic Director. Athletes must present clearance documentation that can be attached to validate

#### FEE - Free

For more information, please contact Jarrett Friday, MAEd, LAT, ATC at [jarrett.friday@caromonthealth.org](mailto:jarrett.friday@caromonthealth.org).